

There is a place for you to belong and feel empowered.

Feelings of anger, loneliness and fear are often experienced by people living with HIV (PLWH). Others may feel depressed or hurt. During group discussion, we learn from the strength, hope and experiences of others.

Whether you are a long-term survivor or are newly diagnosed, there is a place for you to belong and feel empowered.

To schedule a confidential interview to determine eligibility, please contact us:

Batesville
Melbourne
(870) 569-8104

Bentonville
Berryville
(479) 715-4745

Conway
(501) 499-6308

Fayetteville
(479) 571-2100

Fort Smith
(479) 782-2500

Hot Springs
(501) 627-1933

Jonesboro
(870) 932-0021

Kensett
Searcy
(501) 742-1216

Little Rock
(501) 455-2712

Texarkana
Magnolia
El Dorado
(870) 216-1223

West Memphis
Brinkley
(870) 400-0263

White Hall
Pine Bluff
(870) 247-7088

Positive Empowerment Program



Statewide Outreach Coordinator
(501) 708-4988



www.arcarehiv.com

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Live your best life. Live empowered.



Our Positive Empowerment Program offers peer group meetings, social activities and educational materials for people living with or affected by HIV.

Empowerment activities are structured to encourage and affirm. Education is focused on managing HIV and emotional health over a lifetime.

Check out a few of the many resources for positive living mentioned below.

Empowerment Resources

Peer-to-Peer Discussion Groups

Monthly sessions where PLWH can talk and share openly, learning from each other through social interaction and education

Special Events

Uplifting events for PLWH, such as “Simply Red”, an exciting annual event designed for and by Arkansas positives to promote the value of long-term care, treatment & healthy living

Print & Electronic Communications

Literature on topics related to diagnosis, disclosure, health literacy skills and more.

Electronic newsletter featuring stories, education and resources for PLWH

Support messages offering consistent encouragement

Educational Forums

Topical forums including HIV facts and myths, HIV prevention and healthy living with HIV

Find a Meeting:

Locate a discussion group near you

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Jonesboro
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